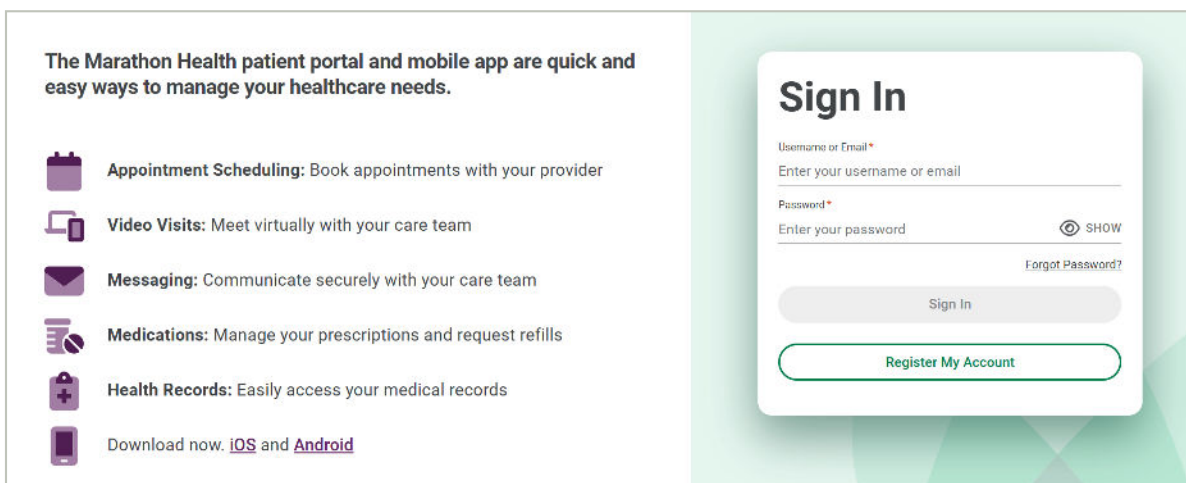


How to schedule an annual physical

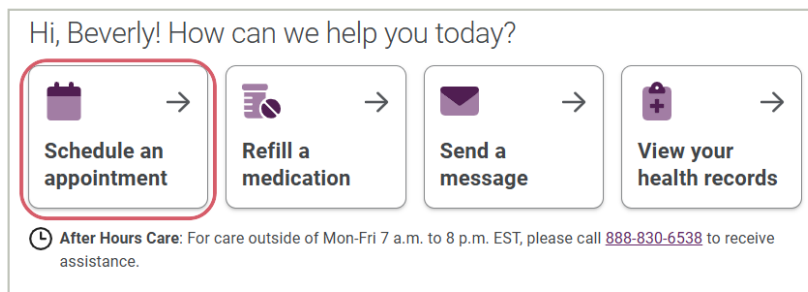
Sign in

1. Go to my.marathon.health.
2. Log in to your patient portal account.



Start scheduling

On the home page, click **Schedule an appointment**.



Choose who the appointment is for

If you have family members linked to your account, select the correct person.

Select a visit reason type

If scheduling an **in-person** annual physical, select **Annual Physical**. If scheduling a **virtual** annual physical, select **Virtual Annual Wellness Review**.

In-person visit

1. Select Home to search near your home address (shown on screen).
 - a. If your address is wrong, update it under Profile & Settings.
2. Select Other to search near a different address.
3. Choose the distance (in miles) you want to search within.
4. Click Search Availability.

View our [complete list](#) of visit reasons.

What visit type will you need?*

☒ In-Person Visit ☐ Virtual Visit

Search for appointments near you

Select a location and search radius for nearby health centers.

Patient Location

☒ Home ☐ Other

133 Happy Street, INDIANAPOLIS IN 46205

Preferred Distance

☒ 10 miles ☐ 25 miles ☐ 50 miles ☐ 100 miles

Search Availability

Virtual appointment

1. Select the state you will be in during the appointment.

Who is the visit for?*

Douglas Abney

What is the reason for your visit?*

If this is an emergency, call 911. If you're unsure, check out our list of [emergency reasons](#). Please call your health center at [866-538-5255](#) if your visit is related to an injury from a work-related or motor vehicle accident.

Select a Common Visit Reason or Search All Visit Reasons

☒ Sick/Symptom Visit ☐ Annual Physical ☒ Virtual Annual Wellness Review

☐ Biometric Wellness Screen ☐ Registered Dietitian

[About Annual Physical](#) [About Virtual Annual Wellness Review](#)

Virtual Annual Wellness Review

View our [complete list](#) of visit reasons.

What visit type will you need?*

☒ Virtual Visit

Virtual Annual Wellness Review appointments are not available in person. Select Annual Physical to schedule an in-person appointment. Please be advised: in order to provide safe, and most appropriate care some medical needs cannot be addressed in a virtual setting. [Learn more](#).

What state will you be in during your visit?*

Indiana

Pick an appointment

1. Available times will appear starting from today.
2. Appointments are grouped by provider.
3. Use the calendar to change dates.
4. Use filters on the right side to narrow results.
5. Click the time you want.

Home / Appointments / Choose a Time

< Back

Choose a Time & Provider

Friday, January 9

All available appointments are in US/Eastern (ET) unless otherwise noted.

 IN-PERSON VISIT with Anne Adams, MD [View Profile](#)

Demo Network 1
10 W MARKET ST STE 2900
INDIANAPOLIS, IN, 46204-2964
4.39 mi [View Map](#)

8:00AM 8:30AM 9:00AM 9:30AM
10:00AM 10:30AM 11:00AM 11:30AM
12:00PM 12:30PM 1:00PM 1:30PM

[View More](#)

 IN-PERSON VISIT with Anne Adams, MD [View Profile](#)

Demo Network 2
10 W MARKET ST STE 2900
INDIANAPOLIS, IN, 46204-2964
4.39 mi [View Map](#)

8:00AM 8:30AM 9:00AM 9:30AM
10:00AM 10:30AM 11:00AM 11:30AM
12:00PM 12:30PM 1:00PM 1:30PM

[View More](#)

January 2026

Su Mo Tu We Th Fr Sa
4 5 6 7 8 9 10

Settings & Filters [Clear all filters](#)

Visit Reason
Sick/Symptom Visit

Visit Type: In-Person

Distance: 10 miles

Health Centers

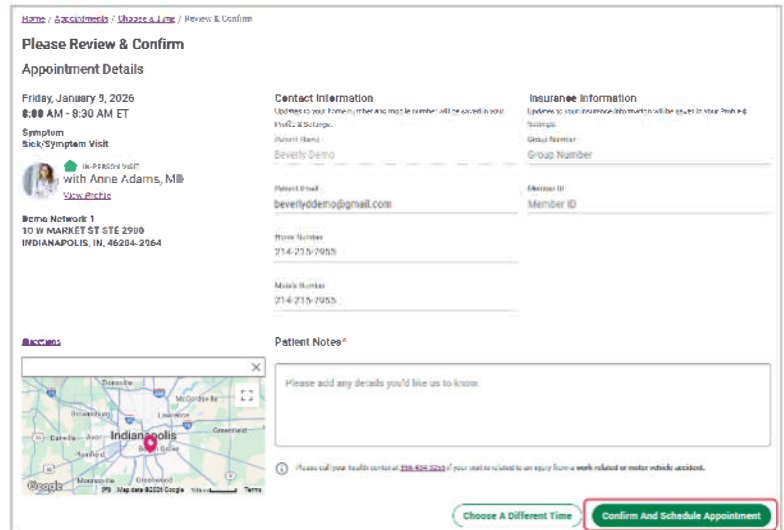
Providers

Time Zone

Availability

Confirm your appointment

1. Review your contact info, insurance details, and appointment information.
2. Add any notes for your provider.
3. Click **Confirm and Schedule Appointment**.



Get your reminder

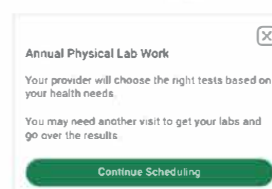
1. You'll receive an email and text reminder (if opted into texts):
 - a. 7 days before your appointment, or immediately if it's within 7 days.
2. For video visits:
 - a. Make sure your email address is correct.
 - b. You'll get instructions by email or text before your appointment.
3. For phone visits:
 - a. Make sure your phone number is correct.
 - b. Your provider will call you at the scheduled time.

Please note regarding annual physical labs

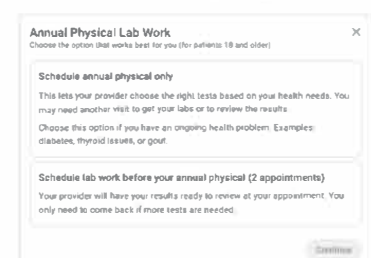
New patients will be required to schedule an annual physical only, so their can order labs after initial assessment during the physical appointment. These patients see a prompt before scheduling, clarifying what the visit includes.

Established patients can choose if they prefer to complete labs before or after their annual physical. These patients are guided through lab timing and distance/location prompts to support the right scheduling path. If scheduling a virtual annual wellness review, the care team will assist with finding a nearest lab location for you to complete your labs.

New Patient



Established Patient




Schedule an appointment
my.marathon.health